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[Lime Fresh Mexican Grill](#) is offering free food to its followers on Twitter and fans on Facebook.

To participate in Twitter Tuesdays, follow [Lime Fresh on Twitter](#) and to take part in Facebook Friday, become a fan of [Lime Fesh on Facebook](#). Followers and fans will receive passwords on Tuesdays and Fridays that are good for one free food item at the restaurants when you give the code at the counter. Unlike with most businesses on Twitter, you can't follow until the restaurant approves your application.

Lime Fresh is at Midtown Miami, in the shopping center at 14831 Biscayne Blvd., North Miami Beach; and at 1439 Alton Road in Miami Beach, as well as in Coconut Creek and Pembroke Pines.

